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610-745-2274

ADULT CPR.

- Check the scene.
- Check if the victim is responsive and breathing.
- Call 911.
- Compress in the middle of the chest 30 times.
- Give two slow breaths.



ADULT CHOKING.

- Grasp the person under the armpit and above the shoulder.
- Bend the victim at the waist and give 5 back blows.
- Place the fist, thumb side in, in the center of the abdomen just above the belly button.



INFANT CHOKING.

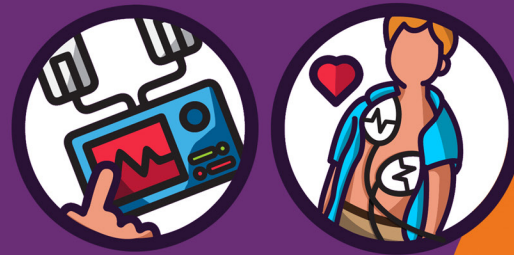
- Turn the infant face down on your arm, making sure to hold the head.
- Do not cover the mouth.
- Give five back blows with the palm of the hand between the shoulder blades.
- Turn the infant face up on your other arm, making sure to support the back of the head with your hand.
- Give five chest thrusts using two fingers in the center of the breast bone below where the nipples meet.



AED.

If you have an AED, follow these instructions:

- Turn it on.
- Listen to & follow the directions.
- Apply pads to the patient's bare chest.
- Plug in the pads, if necessary.
- Instruct others to stand clear.
- Push the flashing shock button, if necessary.



INFANT CPR.

- Check the scene to make sure it's safe.
- Check the infant for a response by tapping on the bottom of the infant's foot and shouting.
- Call 911.
- Place 2 fingers in the middle of the chest just below where the nipples meet.
- Compress the chest 30 times, and give 2 slow puffs of air.

